1. Donate

- NAACP LEGAL DEFENSE FUND
- Black Lives Matter
- BLACK WOMEN'S HEALTH IMPERATIVE
- CENTER FOR BLACK EQUITY
- NATIONAL ASSOCIATION OF BLACK JOURNALISTS

2. Follow Local Organizations - get involved with them.

LQBTQ Orgs

- TimeOutYouth
- Transcend Charlotte
- The Charlotte Transgender
 Healthcare Group
- Genderlines
- PFLAG Charlotte

Black Community

- Emancipate NC
- 28 Organizations Empowering Black Communities
- Campaign Zero Police Reform

- Nat. Center Transgender Equality
- Freedom Center For Social Justice
- There Is Still Hope
- Charlotte Gender Alliance
- Campaign For Southern Equality
- Equality North Carolina
- Community Resource Diversity list
- 100 Black Men of Greater Charlotte
- Charlotte African American Groups
- Anti-Racism Resources

3. STOP Sharing

Stop sharing videos of Black people being murdered. "Seeing all sides" doesn't mean watching someone's murder. Believe Black people. It's gratuitous and exploitative. Imagine being his or her kin right now!

4. Show solidarity on social media.

From the original #BlackLivesMatter hashtag to the social media blackout of June 2 2020, online campaigns have been one of the most effective ways for people to show support and raise their friends' and followers' awareness of the anti-racist movement. You could post links to resources or fundraisers, state your support and solidarity, and share anything that you've found helpful. Just make sure to prioritise black people's voices and not speak over anyone with actual, lived experience of the issues at hand.

5. Support black creators and business owners.

- List of Charlotte Black-owned restaurants
- Black Owned Businesses in Charlotte
- Black-owned shops, restaurants and studios in Charlotte

6. LISTEN without being defensive.

If you're truly interested in genuine change, the most important development you can make is evolving your worldview. In fact, one can argue that being open to evolving your ideas is the precursor to even desiring to see change occur. But the most important part of active listening is fighting the human urge to respond to someone's social critiques by being defensive.

Sometimes when we hear someone explaining why something is negatively affecting them, we feel compelled to inform that person of all the ways our life is difficult, too. Or, we choose to only focus in on the one part of their analysis that possibly could be a negative statement about ourselves. It's critical to listen to groups like Black Lives Matter with an open mind and heart, instead of only selectively listening to the parts you want to contest.

7. VOTE

"The point of protest is to raise public awareness, to put a spotlight on injustice, and to make the powers that be uncomfortable; in fact, throughout American history, it's often only been in response to protests and civil disobedience that the political system has even paid attention to marginalized communities. But eventually, aspirations have to be translated into specific laws and institutional practices — and in a democracy, that only happens when we elect government officials who are responsive to our demands." - former President Barack Obama

- Register To VOTE
- 2020 Mecklenburg Dates
- Mecklenburg Elected
 Officials

- Mecklenburg Polling Locations
- Voter Card Information
- NC Voting Information

8. Educate Yourself

- A Timeline of Events That Led to the 2020 'Fed Up'-rising
- Save the Tears: White Woman's Guide
- Reading List: Race, White Supremacy, and Anti-Black Racism in America
- The Case for Reparations
- The 1619 Project
- 75 Things White People Can Do For Racial Justice
- Your Black Colleagues May Look Like They're Okay Chances Are They're Not
- White Fragility: Why It's So Hard for White People to Talk About Racism
- LGBTQ Learning Materials